

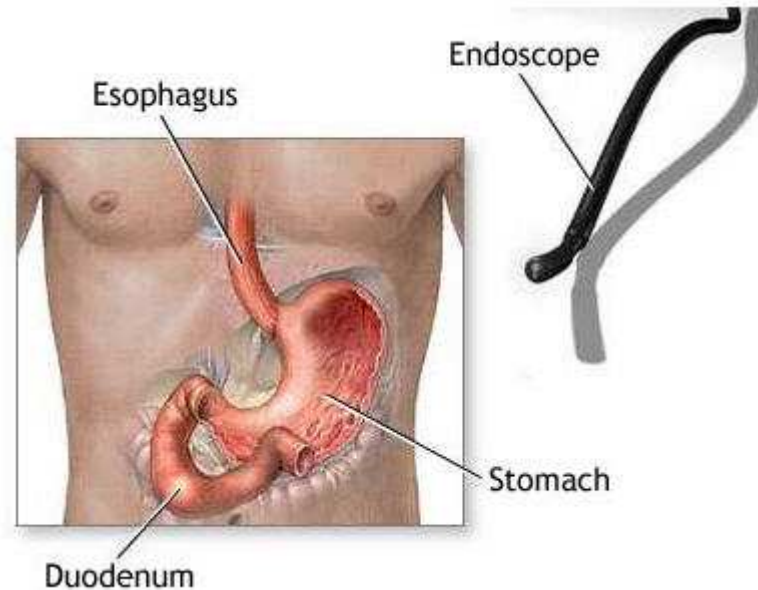
# ENDOSCOPY



What does it mean?

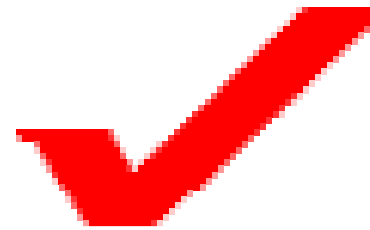
# What is an endoscopy?

- The doctor uses a long, thin tube to look inside your stomach.
- The tube goes down your throat.



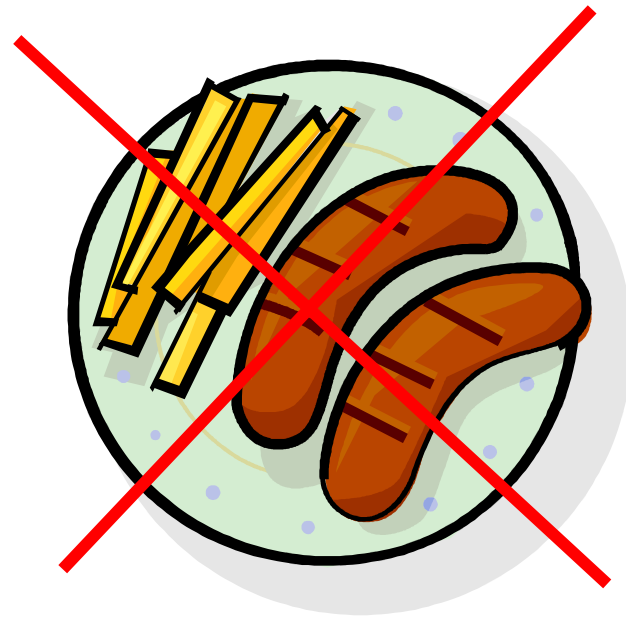
# What about medicines?

- You need to take your medicines as usual, but there are medicines which you might need to stop.
- Ask your G.P if your unsure.



# Getting ready.

- Your stomach must be empty before you go to the hospital, so try not to eat or drink anything for 6 hours before the appointment.



# At the Hospital

- The nurse will explain what is going to happen and will answer your questions.
- The nurse will record your blood pressure and pulse.



# Throat Spray

- You will have your throat sprayed with something that helps you to swallow the tube without it hurting.



# Having the Test

- You will need to keep your mouth open a little bit, and the nurse will put a small piece of plastic between your teeth.



The test should only take between 5 and 10 minutes.



# After the Test

- You will be given a drink and a biscuit after the test.



Your throat might be a little sore for the rest of the day





# Results of the Test

- The doctor or nurse will tell you how long your results will take, it usually takes 1-2 weeks.



# Going Home

- After you get home you should wait for about 2 hours before you eat a full meal.

